

## Freedom Study 4 “Forgiveness” (Jan Ziga)

### 1. God expects forgiven people to forgive

Matthew 6: 9-13 (NKJV) “Our Father in heaven, Hallowed be thy name. Your kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread. And *forgive us our debts as we forgive our debtors*. And lead us not into temptation, but deliver us from the evil one: For Yours is kingdom and the power, and the glory, forever. Amen.

“AS” In the same manner.

Mark 11: 25, 26 (NKJV) “And whenever you stand praying, if you have **anything** against **anyone**, forgive him, that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses.”

John 20:23 (NKJV) “If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are **retained**.”

FORGIVENESS IS THE CORE OF THE GOSPEL MESSAGE

### 2. The fruit of unforgiveness

Rehearsing the offense	Envy
Bitterness	Torment
Anger	Wrath
Rage	

Unforgiveness is like drinking poison and expecting the other person to die.

Unforgiveness hurts me; it punishes me.

Unforgiveness is like carrying a dead corpse.....

Matthew 18: 21-35 (NASB) 21 *Then Peter came and said to Him, "Lord, how often shall my brother sin against me and I forgive him? Up to seven times?"* 22 *Jesus said to him, "I do not say to you, up to seven times, but up to seventy times seven.* 23 *For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves.* 24 *"When he had begun to settle them, one who owed him **ten thousand talents** was brought to him.* 25 *But since he did not have the means to repay, his lord commanded him to be sold, along with his wife and children and all that he had, and repayment to be made.* 26 *"So the slave fell to the ground and prostrated himself before him, saying, 'Have patience with me and I will repay you everything.'* 27 *"And the lord of that slave felt compassion and released him and forgave him the debt."* 28 *"But that slave went out and found one of his fellow slaves who owed him **a hundred denarii**, and he seized him and began to choke him, saying, 'Pay back what you owe.'* 29 *"so his fellow slave fell to the ground and began to plead with him, saying 'Have patience with me and I will repay you.'* 30 *"But he was unwilling and went and threw him in prison until he should pay back what was owed.* 31 *"So when his fellow slaves saw what had happened, they were deeply grieved and came and reported to their lord all that had happened.* 32 *"Then summoning him, his lord said to him, 'you wicked slave, I forgave you all that debt because you pleaded with me. 33 'Should you not also have had mercy on your fellow slave, in the same way that I had mercy on you?' 34 "And his lord, moved with anger, handed him over to the torturers until he should repay all that was owed him. 35 **"My heavenly Father will also do the same to you, if each of you does not forgive his brother from your heart."***

Ten Thousand Talents = \_\_\_\_\_

100 Denarii = \_\_\_\_\_

### HOW DO I FORGIVE?

1. Thank God for forgiving you
2. Repent for the sin of unforgiveness
3. Ask Holy Spirit, "Who do I need to forgive and for what?"
4. Forgive each offense from your heart.

"Father, I choose to forgive \_\_\_\_\_ from my heart

For \_\_\_\_\_ (Get into the details)

5. I choose to release \_\_\_\_\_. The blood of Jesus covers every sin, including the ones committed against me. I transfer this debt to the cross.
6. Ask Father to bless them and declare blessings over their life.

When the memories resurface, declare the blessings of God over their lives.  
You can shift the atmosphere and make the enemy regret bringing it up!

Forgiveness is between you and the Lord.

### III. Reconciliation

Forgiveness and reconciliation are not the same. Reconciliation takes two people who are willing to walk in repentance and forgiveness.

*Amos 3:3 Can two walk together, except they be agreed (KJV)*

**Forgiveness is NOT saying that what happened was “okay”. Forgiveness is saying that the finished work of the cross is enough!**

*Romans 5:8 But God demonstrates his own love toward us, in that while we were still sinners, Christ died for us.*

We can decide to walk in the same forgiveness.

## Freedom Study 4....“Life Giving Words”

The words we speak are a spiritual gauge.

- >Reveals how much our minds have been renewed by Holy Spirit.
- >Reveals the condition of our heart.
- >Reveals the level of spiritual freedom we are walking in.

Proverbs 18:21 (NKJV)...Death and life are in the power of the tongue

The negative words we have heard and received also have power to bind and enslave our hearts, emotions, and feelings. Until we rise up in the power of Jesus blood and renounce/cast them down.

The words **we speak** and the words **we listen to & receive** have a great impact on our souls. Some of our greatest hurts and heartaches come from what people have said to us, words that tore us down. Conversely, some of our greatest memories center on life-giving words that people have given to us, building us up.

### Words of Death.....

- I wish you had never been born
- You're an ugly person
- You will never amount to anything
- You are such an idiot
- What were you thinking
- You are not welcome here
- You can't hear God
- You don't have what it takes
- You should be ashamed
- I never want to see you again
- I hate you
- You are a mistake
- You need this
- You will never be whole

## Words of Life.....

- I love you
- I believe in you
- You are such a blessing
- I'm praying with you
- I am believing great things for you
- You are gifted
- God has his hand on you
- I forgive you
- I see the Holy Spirit in your life
- You are special to the Lord
- You are a beautiful person
- Great things are ahead for you
- You are free in Jesus Christ
- God has a great future for you

Words are like seeds, when planted they grow and produce after their kind. (good or bad; life or death)

Mark 4:20 (ESV) But those that were sown on the good soil are the ones who hear the word and accept it and bear fruit, thirtyfold and sixtyfold and a hundredfold."

Mark 4:24 (ESV) And he said to them, "Pay attention to what you hear: with the measure you use, it will be measured to you, and still more will be added to you.

### Law of Seed

- If we receive them
- If we retain (allow and nurture) the seed
- It will produce after its own kind because there is power in seeds.

Jesus said, "Pay attention to what you hear (receive & retain)."

There are 3 sources of words:

1. God
2. Flesh (our flesh and others)
3. Devil

1 Samuel 30:6 (ESV) And David was greatly distressed, for the people spoke of stoning him, because all the people were bitter in soul, each for his sons and daughters. But David strengthened himself in the LORD his God.

- The harmful words that you have received can be destructive and life impacting. They give us a sense of reality that God never intended.
- Even the words we say to ourselves are heard by our ears and impact our souls. They can determine the atmosphere and direction of our lives.

I'm not talking about becoming fanatical and obsessive about always having to speak positive words. Some believers become plastic and are not real, denying their issues.

But when the Holy Spirit gives you a truth or a revelational word about yourself or a situation, that's when you need to guard your mouth from exercising fear and doubt. There are times that we need to speak like Jesus, "It is written...". Sometimes we need to be strong in the Lord and in the power of His might.

### **What can we do with unhealthy words that have been spoken over us?**

1. Test and recognize any unhealthy consequences and impacts in your life.

I don't use the word "curse", like "under a curse" or "generational curse".

We can experience consequences and recognize the impact of experiences we have had.

But to say "under a curse" we are declaring that we have a precluded future and that we live under Satan's dominion. That there is some unspoken presupposition that blocks me from God's blessing.

<https://africa.thegospelcoalition.org/article/can-a-christian-be-cursed/>

In the New Testament, the noun “Curse” occurs 6 times: Gal. 3:10,14; Heb. 6:8; James 3:10; 2 Peter 2:14

The verb “to curse” occurs 5 times: Mt. 25:41; Mk.11:21; Lk. 6:28; Rom. 12:14; James 3:9.

These scriptures either prohibit Christians from cursing their enemies or declare God’s judgement against unrepentant sinners. But none of them suggest that believers can any longer be under a curse.

Believers can experience the consequences of negative words, generational sin patterns, and past participation in darkness and sin. Our sanctification is a journey of recognizing the impact of sin and shedding off the emotional and spiritual impact. But this is far different than living under some fear and paranoia that we might have a generational curse or spoken curse over our lives.

Jesus became a curse for you, so you would not live under a curse.

Galatians 3:13–14 (ESV) Christ redeemed us from the curse of the law by becoming a curse for us—for it is written, “Cursed is everyone who is hanged on a tree”—<sup>14</sup> so that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we might receive the promised Spirit through faith.

2 Corinthians 5:17 (ESV) Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Colossians 1:13 (ESV) He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son,

Recognize any consequences that are evident in your life or that the Holy Spirit is revealing to you. If there is a sin that needs to be confessed then do so. If you are victim to some words that wounded you, there isn’t any sin! But it is important to recognize that you are still carrying a wounded place that need healing and freedom.

2. If you believe there are continuing consequences from oaths, promises, or curses from a time in your past with some occultic religion, practice, or black magic; then **RENOUNCE YOUR PARTICIPATION**.  
Strike down and renounce any words of harm, judgement, or abuse from your past that still haunt or some how impact your thinking or lifestyle.
  
3. Through faith in the power of the Blood of Jesus speak your release and total separation from all negative, harmful words that have impacted your thinking or heart. Declare that you will not tolerate the words any longer in your life. Command any demon that is using those unhealthy words against you, to leave at once in Jesus name.
  
4. Ask Jesus to sanctify and cleanse your memory banks. Pray for power, love, and a sound mind.
  
5. Speak the blessing of the Word over your life. Declare who you are in Christ Jesus through scripture reading.
  
6. Worship and be filled with the Spirit.
  
7. Declare your freedom and stand in truth.