

Freedom Study 8... “Pressing into Wholeness”

Don't be afraid to declare new ground in your life, new places of freedom and healing.

1 Thessalonians 5:23 (NLT) Now may the God of peace make you holy in every way, and may your **whole** spirit and soul and body be kept blameless until our Lord Jesus Christ comes again.

This mean that you don't have to be fragmented.

Wholeness= is being together, complete, healthy, sound
Not fragmented, not fractured, divided, impaired, wounded, injured

Jesus intended for us to have wholeness. (holiness)

Psalms 86:11–12 (NIV84)

¹¹ Teach me your way, O LORD, and I will walk in your truth; **give me an undivided heart**, that I may fear your name. ¹² I will praise you, O Lord my God, with all my heart; I will glorify your name forever.

Lies that are received and tolerated become strongholds in our life.

Our culture is falling apart and is pulling apart at the seams.

But that's not your story!

Colossians 2:10 (NKJV) and you are complete in Him, who is the head of all principality and power.

That doesn't mean everything is perfect, ideal, or relationally resolved.
Some things you can't fix.

But Jesus said He would make **you** whole.
He will heal **your** mind, heart, and emotions.

Luke 17:19 (LEB) And Jesus said to him, “Get up *and* go your way. Your faith has saved you.”
(Wholeness, more than healing)

How do we press into wholeness?

1. Shake the destructive things off.

Don't let anything control you. Get rid of it.

1 Corinthians 6:12 (NKJV) All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any.

NIV... I will not be mastered by anything

NLT... I must not become a slave to anything

ESV...I will not be dominated by anything

Freedom requires us to rise up and challenge attitudes, thoughts, fantasies, and relationships that are pulling us down.

Titus 2:11–12 (ESV) For the grace of God has appeared, bringing salvation for all people, 12 training us to **renounce** ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age,

Renounce= say no to something, to disown, refuse to agree, refuse to follow or participate in, to verbally deny, to intentionally rise up in opposition

It might be that a serpent has slithered into your life:

- Runaway lust, pornography, or uncleanness that has a piece of your soul
- An ungodly relationship, some fatal attraction
- Thoughts and desires that constantly plague you
- Alcohol or some addictive drug
- Some area that is out of control in your life.....like spending, eating, or even the way you talk to or about others, seeking attention constantly, always getting your feelings hurt
- Feelings of rage, unworthiness, insignificance, rejection, fear, dread
- Some offense that you are holding on to.

2. Surrender your entire life to God.

As the sons and daughters of God we all have a sign that says...
PLEASE EXCUSE THE MESS...I AM UNDER CONSTRUCTION

You can't be free—until you surrender your personal rights, privileges, plans, dreams, and desires.

James 4:7 (ESV)

⁷ Submit yourselves therefore to God. Resist the devil, and he will flee from you.

James 4:10 (ESV) Humble yourselves before the Lord, and he will exalt you.

Jesus wants unconditional surrender.

Your surrender is what allows Him to move in with power, grace, and deliverance.

Robert Morris--- *“Jesus gives us a choice: surrender our will, follow Him, and inherit eternal life or keep being in charge.”*

>>Surrendering your entire life to God is a major key to freedom!

3. Let the Holy Spirit deal with the hard stuff.

There are some wounds and hurts that seem impossible to get over.

2 Corinthians 3:17 (ESV)

¹⁷ Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

The Holy Spirit is what makes our faith supernatural.

He moves in to the darkest, most impossible, most hopeless place and changes everything.

The Holy Spirit is the Executor of the Godhead.

Genesis 1:2 (NIV84)

² Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.

There isn't a hurt, a wound, or an issue that He can't transform.

Let's talk for a moment about one of the deepest hardest wounds that is possible to receive...
ABUSE !

There are 5 types of abuse that I will mention:

- ✓ Physical-involves contact, physical harm, intimidation, even abusive discipline
- ✓ Verbal- harsh words, constant criticism, for the purpose of controlling
- ✓ Emotional-an unhealthy emotional environment when someone is abandoned, undermined, ignored, or accused
- ✓ Sexual- incest, molestation, rape, date rape, sexual violence

- ✓ Spiritual-someone in spiritual authority misleads or mistreats, manipulates, misuses power

All abuse causes victims to question their own value and worth. They often feel guilty themselves, which is a demonic lie.

Ex. 15:26 “I am the Lord who heals you.”

Psalm 107:19–20 (NIV84)

¹⁹ Then they cried to the LORD in their trouble, and he saved them from their distress. ²⁰ He sent forth his word and healed them; he rescued them from the grave.

If you went through some trauma of abuse...we want you to know, it wasn't God's plan or will. We live in a broken, twisted world where tragedies happen. But God is not absent, He is present to redeem and restore. One day all sin will be judged and Satan will be permanently removed.

As you seek His healing, the Holy Spirit will pick up the broken pieces and put your life together again.

Jesus will renew those parts of you that you thought were lost forever.
The Bible says, Jesus makes all things new!

- **There is supernatural healing and deliverance for abuse victims.**

Jesus was abused for us.
Satan doesn't have the last word...God does.

Isaiah 43:2 (NLT)

² When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you.

John 7:37–39 (NIV84) On the last and greatest day of the Feast, Jesus stood and said in a loud voice, “If anyone is thirsty, let him come to me and drink. ³⁸ Whoever believes in me, as the Scripture has said, streams of living water will flow from within him.” ³⁹ By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified.

God asked Ezekiel, “Can these bones live again?”

Can you live again? Can you laugh again? Can you feel confident again?
Can you feel safe again? Yes!

What spoke to you in this study?